

FDA Accepts Qualified Health Claim Petition for Yogurt and the Reduced Risk of Diabetes

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- FDA has [accepted](#) a [qualified health claim](#) petition submitted by Danone North America on the ability of yogurt to reduce the risk of type 2 diabetes. FDA is [accepting comments](#) on the petition until June 11, 2019.
- Danone is [requesting](#) FDA's consideration of the following qualified claims: (1) "Eating yogurt regularly may reduce the risk of type 2 diabetes. FDA has concluded there is limited information supporting this claim;" or (2) "Eating yogurt regularly may reduce the risk of type 2 diabetes according to limited scientific evidence."
- Danone has requested the claim only for yogurts meeting the standards of identity under 21 C.F.R. §§ [131.200](#) ("Yogurt"), [131.203](#) ("Lowfat yogurt"), and [131.206](#) ("Nonfat yogurt"). Thus, non-dairy yogurts will not be eligible to make the claim if the petition is successful.

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